

## ADVENTURES THROUGH CHILDHOOD

### *School Readiness the Right Way!*

Parents of children going to school for the first time this August have probably heard of “school readiness,” the current buzz phrase in early childhood development. But what exactly is it?

School readiness includes the following examples of active play and everyday life experiences in the *Parental Guide to Successful Children* by KLRN-TV’s *Early ON!* School Readiness Program:

#### How to Create Strong Communication Skills

- Talk and listen to your child
- Sing songs together
- Recite nursery rhymes
- Point out words, shapes and colors
- Encourage your child to use a pencil
- Look at family photos or magazine pictures and talk about what you see
- Read with your child

#### Ways to Help Your Child Develop Problem-Solving Skills

- Sort objects with your child
- Count items together
- Encourage play in creative ways
- Play with simple puzzles
- Play “I Spy,” looking for patterns such as polka-dots, stripes, or windowpanes

#### Build the Skills That Allow Your Child to Deal with Life

- Play games to practice taking turns and following simple rules
- Ask your child to help you plan a meal, a play date, or even a party
- Invite friends over to share toys
- Make simple rules for your child to follow and be consistent!

For more school readiness fun, visit the San Antonio Children’s Museum and the San Antonio Central Library on June 24 from noon-5 pm for *A Day Downtown*. See the June calendar for details.